

Falls Church Animal Hospital

Mature Health Care Assessment Checklist

Pet: _____ **Owner:** _____ **Contact #:** _____ **Date:** _____ **Chart #** _____

To be completed by the pet owner:
Does or has your pet:

Findings and Recommendations
To be completed by the doctor:

Orthopedic Issues

Please check all the boxes that apply to your pet

- Have difficulty climbing stairs?
- Lag behind during walks?
- Have difficulty rising from a resting place?
- Show signs of pain?
- Show stiffness or limping?
- Ever been diagnosed with arthritis, elbow or hip dysplasia?
- Ever been given pain medication?

Body Function

- Have wetting or bowel accidents?
- Have increased thirst?
- Have increased or decreased urination?
- Vomit more than occasionally?
- Have bad breath?
- Have diarrhea or constipation?
- Experienced weight loss or gain?
- Have an altered appetite?
- Have a change in activity level?

Heart/Lung

- Have coughing, sneezing or shortness of breath?
- Display increased panting?
- Tire more rapidly?

Neurologic

- Have circling or repetitive movements?
- Display confusion or disorientation?
- Have less interaction with family?
- Have a loss of enthusiasm?
- Display decreased responsiveness?
- Have a change in sleeping patterns?

Skin and Coat

- Have hair coat changes, lumps or bumps?
- Has there been a change in odor from the skin?
- Exhibit scratching, licking or chewing?

Orthopedic Issues

Findings:

Recommendations:

Body Function

Findings:

Recommendations:

Heart/Lung

Findings:

Recommendations:

Neurologic

Findings:

Recommendations:

Skin and Coat

Findings:

Recommendations:

What food are you currently feeding? _____

Do you have any specific questions or concerns about your pet? _____

Falls Church Animal Hospital

Health Care Assessment

Health Assessment Program for Pets

Falls Church Animal Hospital is dedicated to providing the highest quality care for your pet family members. To help meet our responsibility to your pet, we have designed a *Health Care Assessment Program* that we recommend for those pets that are reaching their golden years. The purpose of this comprehensive evaluation of your pet is to give you and your Falls Church Animal Hospital veterinarian an overview of issues that may be emerging in your maturing pet. Knowledge of the existence of medical issues prior to the development of symptoms often will allow us to design a treatment program that could potentially cure, delay the onset of, or slow the process of a disease in your pet.

The Comprehensive Health Exam includes:

Physical Exam: Check ears and eyes, assess dental status, evaluate the heart and lungs, palpate for changes within the abdomen, examine the skin and check for growths, evaluate orthopedic status and arthritic pain, and an assessment of body weight.

Complete Blood Count: Checks for anemia, infection and abnormal blood cells.

Chemistry Panel: Assesses the health status of internal organs, kidneys, liver, pancreas, and checks blood sugar to aid in the diagnosis of diabetes.

Thyroid Test: Low or high thyroid levels in the body can cause many diseases to worsen and can seriously effect the quality of your pet's life.

Urinalysis: An evaluation of the urine is an aid in diagnosing many illnesses and can indicate whether there is a potential for bladder stones or if bacteria are present in the urine.

Fecal: An analysis of a sample can lead to a diagnosis of intestinal parasites (worms) and can indicate if there is blood in the stool.

Your Falls Church Animal Hospital veterinarian will recommend a health assessment based on your pet's age, breed and past history. The chart to your right serves as our guide. Pets that are to undergo this assessment will come to the hospital for a scheduled appointment. Please bring a stool sample at that time the physical exam and laboratory testing will be performed. You and your veterinarian will determine how best the results can be communicated to you. Depending on findings, additional tests may be recommended. Our front office staff will be happy to review fees for these procedures and schedule an appointment for your pet.

Circle your Dog's Age in "Human Years"				
Relative Age of Your Pet in "Human Years"				
Pet's Age	0-20 lbs	21-50 lbs	51-90 lbs	over 90 lbs
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	51	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	
18	88	96	109	
19	92	101	115	
20	96	105	120	

Circle your Cat's Age in "Human Years"	
Relative Age of Your Pet in "Human Years"	
Cat	Human
3 months	5 years
6 months	10 years
1 year	15 years
2 years	24 years
5 years	36 years
8 years	48 years
12 years	64 years
15 years	76 years
18 years	88 years